



**Calgary Meals on Wheels is celebrating a milestone - 60 years!** More than 425 volunteers deliver affordable, nutritious, and locally prepared meals on 65 routes every day, and a new expanded facility means the kitchen can now produce 180,000 more meals each year!

**The Derrick is celebrating 10 years of gin, good food, and good times!** With well over 100 gins on the list, they still have the most options for Martinis and G&Ts in Calgary! [thederrickyyc.com](http://thederrickyyc.com)

**1 Congrats to the Calgary chefs at the regional qualifier for the Canadian Culinary Championship!** Dean Fast of Rouge Restaurant took the gold top spot, while Sushi 準 (Jun) and Ryuko's Jun Young Park won the silver medal AND the People's Choice Award, with Eden Hrabec of Canmore's Crazyweed Kitchen taking home Bronze - all while raising tens of thousands for charity!

**Ryan Arcand of Edmonton's Lovesong and Iconoclast Café has branched out into the world of fromage!** Tiny's Cheese Shop has officially opened at #103, 12017 102 Avenue NW in the Exchange II Building. Partnering with Blair Lebsack of RGE RD, they've curated a thoughtful selection of cheeses sourced from Alberta to Europe, creating the perfect one-stop shop for all your charcuterie needs. Step into this cozy, bright space filled with every cheese you could dream of. Plus, you'll find jams, crackers, and plenty more to complete your board! 10-6 pm, closed Mondays. [tinyscheeseshop.ca](http://tinyscheeseshop.ca)



**2 Wander Kitchen & Bar is open at Calgary International Airport** by Gate C50, in the former Chilli's location. Top Chef Canada All-Stars champion and Beat Bobby Flay winner, Chef Nicole Gomes has partnered with SSP Canada, food and beverage travel location operators, for this bright, mid-century modern-style restaurant, and created an all-day, globally inspired menu of familiar comfort food dishes (and breakfast of course!) with bold flavours and fresh ingredients. Watch out for Lucky Lily, her new restaurant opening soon in Vancouver airport!

**Just west of Edmonton's downtown at 10321 124 Street, Rasht Café has just opened.** Named after the Iranian city of Rasht, recognized as a UNESCO Creative City of Gastronomy. This cozy café is colourful, bright, and welcoming, serving up comforting, made-in-house café classics. Soak up the vibes while sipping on a green and blue iced matcha or a hot coffee, and nibble on their red velvet Nutella-filled cookies and a variety of delicious dishes from Northern Iran! 10-8 pm, closed Mondays @[rasht.cafe.yeg](https://www.instagram.com/rasht.cafe.yeg)

**3 Good things come in small packages,** and Chef Nils Schneider's small menu at Calgary's new Le Charme is definitely a very good thing (there's a very affordable, small wine list too)! Hospitality pros, brothers Matt and Tyler Drummond, have taken over the original Diner Deluxe location, gutted and completely renovated it themselves, resulting in an inviting vintage bistro (like your grandma's living room) with everything thrifted. Every dish we tried on this elegant yet approachable,



French-inspired menu was excellent – Coquilles St Jacques, Rainbow Trout, confit chicken thigh, and a deliciously decadent Banana Cheesecake! 3-5 pm daily happy hour, closed Mondays. Resos recommended, 804 Edmonton Trail. [lecharme.ca](http://lecharme.ca)

**Edmonton's newest European-Ukrainian restaurant, ZYMO, has opened its doors** in the former Dalla space at 10166 100A Street NW. Escaping the war in Ukraine, they immigrated three years ago, and wanted to give back to the community that "welcomed them so warmly." Their vision came to life and now they're serving up classics of borscht, grilled salmon, and cottage cheese pancakes (syrnyky), as well as familiar dishes with a Ukrainian twist – such as the ZYMO Burger and ZYMO Truffle Forest Pizza. Lunch and dinner, closed Sunday and Tuesday @[zymo.restaurant](https://www.instagram.com/zymo.restaurant)

**4 Waffles all day at Wafflato!** Pravila and Suhas Sawant, founders of Jasper's popular breakfast spot, have branched out and opened in Calgary's former Donna Mac space, with an all-day menu of sweet and savoury waffles (so many choices!), brunch dishes, and for dinner, a wide range of shareables, bowls, handhelds, and desserts! They've partnered with Fratello Coffee Roasters for the extensive coffee program, with shakes, cocktails, beer and wine on offer too. 1002 9 St SW, Calgary, daily from 7 am-late, [wafflato.ca](http://wafflato.ca)

**5 Montréal's Enoteca Monza has opened its 11th restaurant and the first in Alberta** at Calgary's CF Market